Note: If you are using this document to teach to others, you will need to prepare a CD of 30-45 minutes of soaking type of worship that can be used at the end of this session. You will need to have pen and paper for those in the session to be able to jot down their declarations. Encourage them to speak those declarations out loud into their atmosphere on a daily basis for 2-4 weeks and then to seek God for a new set of declarations.

If you are using this document to grow on your personal journey, you will want to have your journal and a CD of your favorite worship songs.

Thoughts from this piece are from #5, Keys to Brilliant Focus by Graham Cooke. To further explore truth about the war between the soul and spirit, read Graham’s book, Towards a Powerful Inner Life.

Talk your way into another realm of living!

As you go through your daily journey, what voice is speaking into each situation you encounter? Is it the voice of your Spirit, which always brings life? Or is it the voice of the outer man of the flesh, which brings death?

Romans 8:5-7 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against God.

You can be assured that if the inner man of the Spirit is silenced, the outer man of the soul will be heard.

Why would this matter? Look at Romans 7:14-25 and Romans 8:1-4. Paul is describing the war between the flesh and the spirit. Flesh struggles in all things. Under the old Covenant, it could not even keep the commandments. When Jesus came, He took the struggle away. He fulfilled the requirements of the Law in that He became the sacrificial Lamb once and for all time. Now, we can walk by the spirit and not fulfill the lusts or the logic of the flesh.

Romans 8:16 The Spirit Himself bears witness with our spirit that we ARE the children of God.

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.
The inner man of the Spirit – your new man where you are a new creation – only lives in the Presence of God and only hears the voice of God. The mind of the Spirit lives in the life of Jesus within. The Kingdom of Heaven is now within us and our reborn inner man of the Spirit is the one who calls the shots. We are learning to live from the inside to the outside. We are learning how to abide in that life.

**Romans 7:22** For I delight in the law of God according to the inward man.

**2 Corinthians 4:16** We do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day.

**Ephesians 3:16** That He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man.

On the other hand, the outer man of the soul draws his information from the world around him. He is easily influenced by negative comments, information, and perceptions. We cannot know the life and the peace of God if our natural, soulish man controls our thinking and our lifestyle. When he is in control, we become vulnerable to worry, to fear, to stress, fretting, and torment. The flesh is vulnerable to the external world where the enemy and the opposition are prevalent. As you begin to understand this, you can see the opposing voices that want to rule your spirituality.

Our soul is not our enemy. It simply wants to meet God on its own terms. It wants to rule until it gets in a difficult situation. Then, it wants us to call out to God for help.

The better way to live life is to allow the spirit man to always be in control because he lives in the Presence of God.

A good question to explore is, how can we help our spirit man stay in the driver’s seat each day?

We can do this by using self-talk. In the Spirit we must talk our way into everything. What we believe – what we know to be true from Heaven’s view point – must be confessed, declared, and proclaimed.

We must confess what God has said about our circumstances. He highlights scriptures for us to use in our daily confession. This confession serves to renew our minds.

**Romans 12:2** And do not be conformed to this world (by listening to the voice of your soul), but be transformed by the renewing of your mind, (aligning with your spirit man) that you may prove what is that good and acceptable and perfect will of God.

For example, we all know Psalm 23. We could take statements out of that Psalm and personalize for our situation.
For example:

- Because God is my Shepherd, I lack no good thing.
- Even before my needs are known, my Good Shepherd has made a way for provision to be supplied to me.
- Not only are my needs met, I have enough for myself and all those around me.
- I will fear no evil, because His perfect love casts out all fear.
- God provides a place of rest for me no matter the circumstances surrounding me.

What other statements could you make from Psalm 23?

Let’s look at Psalm 91. What statements could you make from this Psalm to keep your spirit man declaring Heaven’s point of view in your situations?

How about:

- No matter the situation, God is my Strength and Help.
- Fear has no place in me – not in the morning, at noon, or at night.
- Even though thousands around me might be affected, God’s promise to me is that no plague, no destruction, no evil thing – can even come near my house.

Now, you make a few more statements out of Psalm 91. Try looking that Psalm up in different versions of the Bible.

Proclamations of God (Psalm 23, Psalm 91, our prophetic words, other favorite scriptures, etc.) combined with our confession create a language that overcomes all obstacles, all oppositions and leads us into encounters and experiences that produce our identity in fullness. God wants us to hear ourselves proclaiming ‘out loud’ statements that declare who we are, whose we are, and who God is for us.

Through prophecy and the inheritance words of scripture we are awakened to the next level of our upgrade in identity.

**In confession** we learn to live in the circumstances.

**In declaration** we master how to stand in opposition to the enemy.

**In proclamation** we embrace the identity and the resources that come to us through the Lord Jesus.

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Identity is the Key to Transformation: The Power of Proclamation

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Take 30-45 minutes and sit in worship. Ask God to direct you to a passage of scripture that is related to any situation that you are walking through. As the Holy Spirit brings statements that you can declare into the situation, jot them down forming them into statements that declare who you are, whose you are, or who God is for you. Read them daily and as your confidence and faith grows, ask the Holy Spirit to give you new declarations that tell who God is for you now and proclaim how Heaven sees you.

**JOURNAL YOUR STATEMENTS HERE**